



Blue Devils Health News

4/1/2020

April Awareness

- National [Autism](#) Awareness Month
- National Child Abuse Prevention Month
- Sexual Assault Awareness and Prevention Month
- [Sexual Assault](#) Awareness Month
- [STD](#) Awareness Month
- Rape, Abuse and Incest National Network ([RAINN](#)) Day (April 5)
- World Health Day (April 7)
- National Youth HIV/AIDS Awareness Day (April 10)
- World [Meningitis](#) Day
- World [Immunization](#) Week (April 24–30)
- National Sarcoidosis Awareness Month
- Oral Cancer Awareness Month

Websites

- <https://www.who.int/news-room/campaigns/world-health-day/world-health-day-2020>
- <https://www.childwelfare.gov/topics/preventing/preventionmonth/>
- <https://www.cdc.gov/hiv/library/awareness/nyhaad.html>
- <http://www.whathealth.com/awareness/event/sarcoidosisawarenessmonth.html>

Reminder's

COVID-19
Disease caused by the SARS-CoV-2 virus

Novel coronavirus
Coronaviruses are viruses that circulate among animals but some of them are also known to affect humans. The 2019 novel coronavirus was identified in China at the end of 2019 and is a new strain that has not previously been seen in humans.

Prevention
When visiting affected areas:
Avoid contact with sick people
Wash your hands with soap and water
If you develop cough, use a medical face mask
Whenever you travel, wear your general hygiene habits

Symptoms
FEVER
COUGH
DIFFICULTY BREATHING
MUSCLE PAIN
TIREDNESS

Transmission
VIA RESPIRATORY DROPLETS
2-14 days estimated incubation period

Tips on preventing COVID-19

- Wash your hands
- Avoid handshakes
- Avoid public gatherings
- Stay away from those who are sick

monday	tuesday	wednesday	thursday	friday
		1	2	3
6 Spring Break	7 Spring Break	8 Spring Break	9 Spring Break	10 Spring Break
13 Spring Break	14	15	16	17
20	21	22	23	24
27	28	29	30	